

Fall 2019 Class Schedule

	MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY		SATURDAY	
	Studio One	Studio Two	Studio Three	Studio One	Studio Two	Studio Three	Studio One	Studio Two	Studio Three	Studio One	Studio Two	Studio Three	Studio One	Studio Two	Studio One	Studio Two
10:00-10:45am																
3:00-4:00pm	Conditioning 4/5 JB			Powerstretch 4/5 JB			Stretch/High Kick 4/5 ES									
4:00-5:00pm	Gold Team Belles Prep CCS		Jazz 1 ES	Sapphire Team Practice ES	Team Ballet FC	Jazz/Hip Hop Combo. Kinder & 1st JB	Silver Team Practice ES <i>*1st half Elite only</i>	Team Ballet EW	Jazz/Tumble Combo. 2 JB	Ballet/Jazz Combo. 4-5 yrs. ES	Jazz 2 EW	Jazz/Hip Hop Combo. 1 JB				
5:00-6:00pm	White Team Skills & Technique EW	Stretch/High Kick 4/5 ES	Ballet 1 JB				White Team Belles Prep ES		Ballet 2 JB	Silver Team Practice ES	Hip Hop 3 EW	3rd-4th Performance Company Practice JB				
6:00-7:00pm		Sapphire Team Practice ES	1st-2nd Performance Company Practice JB	Belles Prep 4/5 ES	Silver & Sapphire Team Ballet EW	Team Ballet FC		Silver & Sapphire Team Belles Prep EW	9th Grade Belles Prep CCS	Gold Team Skills & Technique ES	Silver & Sapphire Team Skills & Technique EW					
7:00-8:00pm	Contemporary 4/5 EW	<i>*2nd half Elite only</i>	Belles Prep 3	White Team Practice CW	Contemporary 4/5 EW	Contemporary 3 JB	Gold Team Practice CW	White Team Practice CCS <i>*2nd half Elite only</i>	Turns & Leaps Technique 3 EW	Gold Team Practice CCS	Stretch/High Kick 3 EW					
8:00-9:00pm	Stretch/High Kick 4/5 ES									<i>*2nd half Elite only</i>	Contemporary 3 EW					
4:00-5:00pm													Turns & Leaps Technique 4/5 ES	Turns & Leaps Technique 3		
5:00-6:00pm																
9:00-10:00am													Belles Prep & Skills 3 ES			
10:00-11:00am													Belles Prep & Skills 4/5 ES			
11:00-12:00pm													Current Belles ES			

HIGHLAND PARK
dance company

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Class Levels Key:

Tinies	2-6 yrs.
Level 1	1st-2nd
Level 2	3rd-4th
Level 3	5th-6th
Level 4	7th-8th
Level 5	9th-12th
Performance Company	
Competition Team	